Mentoring Students with Disabilities in Postsecondary Education

For group discussion or individual reflection.

Exercise

a. Have you had mentors?

b. If so, think about some of your mentors:

   1. What did you like best about the mentoring relationship?
   2. Was there something about the mentoring relationship you didn’t like?
   3. What, if anything, would you have changed?
   4. If you haven’t had mentors, what would you like from a mentor?

c. Think of one experience or story from one mentoring relationship you would be willing to share with the group to describe something you really liked about your mentoring relationship.

Mentoring Relationships

Describe a mentoring relationship (as mentee and/or mentor) that you have had in the postsecondary environment where diversity was a key component of the relationship.

1. Were you the mentor, mentee or both?

2. Was this a formal or informal relationship and how did it start (i.e. were you participating in a mentoring program or did the relationship just evolve)?

3. Did the issue of diversity and/or disability enter into the relationship?

4. What did you learn from the relationship?

5. What did you bring to the relationship?

6. What were the challenges and successes of maintaining the mentoring relationship?

7. How did you maintain the relationship over time?

8. What did this mentoring relationship mean to you in the long term?

9. How did your mentoring relationship evolve over time?