Learning Styles

There are three main learning styles. Everyone learns differently and may use one or some combination of (a) visual, (b) auditory, and (c) kinesthetic learning.

Visual Learners
- Use graphics, charts and pictures
- Read body language well
- Can recall and memorize information
- Recall well things that are written

**Instructor Tip:** Turn notes into pictures; big picture first then details

Auditory Learners
- Hearing and speaking are easiest ways to learn
- Aware of nuances of spoken language
- May concentrate best with soft background music
- Prefers to be told how to do things

**Instructor Tip:** Read aloud key points; encourage discussion

Kinesthetic Learners
- Need a hands-on approach to learning
- Good at math and science
- Wants demonstration rather than verbal explanation
- Prefers group work to working alone

**Instructor Tip:** Provide concrete examples; promote group work